

## Southern California Municipal Athletic Federation ORDER OF RUNNING EVENTS FOR 2010

(Girls Events will alternate with Boys Events)

(NOTE: Times are approximate. Meet may move faster / slower than posted times.)

### APPROXIMATE TIME 9:30 a.m.

1600 Meter Run.....	Division 95&96
1600 Meter Run.....	Division 97
800 Meter Run.....	Division 98
800 Meter Run.....	Division 99
800 Meter Run.....	Division 00

### APPROXIMATE TIME 10:30 a.m.

50 Meter Dash Heat .....	Division 01
50 Meter Dash Heat .....	Division 02
50 Meter Dash Heat .....	Division 03
50 Meter Dash Finals .....	Division 01
50 Meter Dash Finals .....	Division 02
50 Meter Dash Finals .....	Division 03

### APPROXIMATE TIME 11:30 a.m.

400 Meter Run.....	Division 95&96
400 Meter Run.....	Division 97
400 Meter Run.....	Division 98
400 Meter Run.....	Division 99
400 Meter Run.....	Division 00
400 Meter Run.....	Division 01
400 Meter Run.....	Division 02

### APPROXIMATE TIME 12:30 p.m.

100 Meter Dash Heat .....	Division 95&96
100 Meter Dash Heat .....	Division 97
100 Meter Dash Heat .....	Division 98
100 Meter Dash Heat .....	Division 99
100 Meter Dash Heat .....	Division 00

100 Meter Dash Finals .....	Division 95&96
100 Meter Dash Finals .....	Division 97
100 Meter Dash Finals .....	Division 98
100 Meter Dash Finals .....	Division 99
100 Meter Dash Finals .....	Division 00

100 Meter Dash Heat .....	Division 01
100 Meter Dash Heat .....	Division 02
100 Meter Dash Heat .....	Division 03

100 Meter Dash Finals .....	Division 01
100 Meter Dash Finals .....	Division 02
100 Meter Dash Finals .....	Division 03

### APPROXIMATE TIME 1:30 p.m.

200 Meter Dash Finals .....	Division 95&96
200 Meter Dash Finals .....	Division 97
200 Meter Dash Finals .....	Division 98
200 Meter Dash Finals .....	Division 99
200 Meter Dash Finals .....	Division 00
200 Meter Dash Finals .....	Division 01
200 Meter Dash Finals .....	Division 02
200 Meter Dash Finals .....	Division 03

## ORDER OF FIELD EVENTS FOR 2010

(NOTE: Times are approximate. Meet may move faster / slower than posted times.)

### LONG JUMP - Boys Pit #1

9:30-10:00 .....	Division 00
10:00-10:30 .....	Division 99
10:30-11:00 .....	Division 98
11:00-11:30 .....	Division 97
11:30-12:30 .....	Division 95&96
12:30-1:00 .....	Division 01
1:00-1:30 .....	Division 02
1:30-2:00 .....	Division 03

### LONG JUMP - Girls Pit #1

9:30-10:00 .....	Division 00
10:00-10:30 .....	Division 99
10:30-11:00 .....	Division 98
11:00-11:30 .....	Division 97
11:30-12:30 .....	Division 95&96
12:30-1:00 .....	Division 01
1:00-1:30 .....	Division 02
1:30-2:00 .....	Division 03

### SHOT PUT (Same for Boys/Girls)

10:00-11:00 .....	Division 95&96
11:30-12:00 .....	Division 97

### HIGH JUMP - Boys Pit #1, Girls Pit #2

9:30-10:30 .....	Division 97
10:30-11:30 .....	Division 95&96

### SOFTBALL THROW - Boys Area #1, Girls Area #2

10:00-10:30 .....	Division 03
10:30-11:00 .....	Division 02
11:00-11:30 .....	Division 01
11:30-12:00 .....	Division 00
12:00-12:30 .....	Division 99
12:30-1:00 .....	Division 98
1:00-1:30 .....	Division 97
1:30-2:00 .....	Division 95&96